



2014 Elder and Individuals with Disabilities RPF

The following proposals are being recommended for funding, for a total amount of \$70,000:

Helping Our Women, Inc., \$25,000

To support the pilot project, Provincetown-Truro Home Share, which will center on the towns of Provincetown and Truro. PTHS would serve as a matching program to facilitate and provide the resources and model by which homeowners looking to rent out a room or otherwise share their homes can connect with people in need of rooms to rent.

Samaritans on Cape Cod and the Islands, \$15,000

To support two major components of the Samaritans Senior Outreach program: (1) A public awareness campaign for incoming crisis lines with the goal of helping seniors understand that the Samaritans are there to befriend individuals who are lonely, in crisis, or even suicidal; (2) A referral program for outgoing calls to isolated or at-risk seniors identified by councils on aging, assisted living facilities, physicians' offices or other appropriate agencies. In addition, individuals are encouraged to self-refer to the program. Participants are paired on a one-to-one basis with a Samaritan volunteer who calls the senior at least once a week.

Sight Loss Services, Inc. & Audible Local Ledger, \$15,000

To support an additional 20 home independence visits, and an additional 30 radios to be placed as a result of enhancing services and working together. Local Ledger remains Cape Cod and the Islands' sole radio information network providing this service to every Cape and Island locale. While some home independence services are available from the MA Commission for the Blind, they are only for legally blind clients. SLS concentrates its efforts on 'wrapping around' their efforts to help those who do not qualify but suffer from eye disease and low vision.

YMCA Cape Cod, \$15,000

To support LIVESTRONG at the Y, which will positively impact chronic disease management as it guides cancer survivors through the process of establishing their "new normal." The LIVESTRONG program is a free 12-week class for cancer survivors. The participants meet twice a week for 75 minutes per class with Y LIVESTRONG certified staff. This program offers physical and social activities that address their personal needs and interests. Participants will be evaluated upon the start of the 12 week session and evaluated after the 12 week period to measure progress to objectives.