



2015 Elder and Individuals with Disabilities RFP

The following proposals are being recommended for funding, for a total amount of \$70,000:

Alzheimer's Family Caregiver Support Center, \$15,000

The AFCSC offers a point of entry for dementia families on Cape Cod, utilizing research-based methods to help identify the 10,000 families currently involved in providing informal care in the community. Once identified, families are connected to important free services, including outreach, supportive counseling, care consultation, connection to other available service organizations, education, support groups, community events and activities, and a dementia-trained Volunteer Corps. The goal of this program is to reach, assess, and provide supportive counseling to 30 families currently navigating AD/dementia on Cape Cod. These families will be provided with two free counseling sessions as a group, and one per month for individuals, throughout the granting period of one year.

Sight Loss Services, \$15,000

To support the 'Can you hear me now?' initiative, in partnership with Audible Local Ledger. The Audible Local Ledger (ALL) brings the Cape into people's homes via their special radio receivers. ALL is a 501-c-3 and an affiliate of the Massachusetts Radio Reading Service, a special state-wide radio information service providing local news through readings of daily and weekly newspapers, supermarket circulars, calendars of community events, and other sources of information designed to foster engagement and activity. Sight Loss Services (SLS) promotes and partners with ALL to offer its services to the blind and visually impaired residents of Cape Cod through their support groups and resource room. During Calendar Year 2014, SLS provided services to 2,058 unduplicated individuals across Cape Cod and made ALL services available to all who wanted it.

Latham Centers, \$15,000

To support the Cape Cod Disability Network Smoking Cessation and Wellness Program. Latham Centers, Inc. is functioning as the lead agency for members of the Cape Cod Disability Network, Inc. Members of the collaborative recognize the particular struggles faced by individuals with disabilities in maintaining a healthy lifestyle. Of particular concern is the number of individuals who smoke cigarettes, lack awareness of healthy living and eating opportunities, and who are reluctant to engage in regular physical hygiene activities. Programs exist that focus on the needs of developmentally challenged individuals. The Cape Cod Disability Network proposes to establish a program designed to assist approximately 150

individuals in developing healthy habits that will reduce smoking behavior, and increase healthy eating and living. We will be utilizing a Positive Behavioral Approach using shared facilitators that will provide the involved agencies with group sessions and coordination. Also, this program allows staff mentors and clients the ability to hone in on and establish incentivized and individualized health plans based on the needs of the client.

Helping Our Women, Inc. \$25,000

To support the second year of the Outer Cape HomeShare project. In partnership with the Homeless Prevention Council, year 1 accomplishments include the creation of the HomeShare Tool Kit, Best Practices created from HOW's surveys of other HomeShare Programs nationally, outreach and marketing in the community, and the recruitment of potential program participants in the Towns of Truro and Provincetown. The focus for Year 2 of the program will be to: Seek new housing and community partners; Fine tune the Tool Kit with lessons learned in Year 1; Continue to market the program; Expand to Wellfleet and Eastham, two communities that have different cultures than the further Outer Cape Towns of Provincetown and Truro; and Secure 25 successful HomeShare matches. HOW will continue its collaboration with the HPC. HPC can provide referrals to HomeShare from their client contacts and maintains weekly, regular office hours in Provincetown. HPC will also assist HomeShare seekers and providers with case management to ensure that both parties have access to programs which will keep them in their shared home, and/or to safeguard their current benefits including heat and utility assistance, food stamps and WIC.