



2013 Mini Grants

The following proposals are being recommended for funding, for a total amount of \$15,000:

Cape Cod Hoarding Task Force, \$3,500

To increase awareness of hoarding as a public health issue by providing safety officials with professional training as well as providing information and resources to the general public. Specifically, grant funds will be used to educate the public about hoarding, the Cape Cod Hoarding Task Force, and effective interventions for hoarding; educating and collaborating with hoarding professionals about the Cape Cod Hoarding Task Force and joint service plans; and compiling hoarding data by demonstrating the effectiveness of the joint service model plan.

Cape Mediation, \$3,000

To start an elder mediation program that will serve the elder community Cape-wide. The program will include elder mediation for adult families and training for elder professionals. The goal is to provide Elder Mediation services to families in need of assistance in settling family disputes over an elder's living situation, safety, inheritance, and to provide conflict resolution to professionals working with the elderly.

My Life, My Health: Cape Cod Coalition, \$2,000

To strategically introduce and embed across all regions of Cape Cod the Chronic Disease Self Management program, which is a patient empowerment program that helps individuals with chronic conditions learn how to manage and improve their own health, while reducing healthcare costs. The program focuses on problems that are common to individuals suffering from any chronic condition, such as pain management, nutrition, exercise, medication use, emotions, and communicating with doctors.

Oral Health Excellence Collaborative, \$3,174

To expand the Cape Cod Dentists Care program to the Upper Cape, Martha's Vineyard, and Nantucket. Through Cape Cod Dentists Care, residents with an annual income of 250% or less of the Federal Poverty Line are linked with a dentist who provides care in their own office at a very reduced rate—a 60 to 70% discount.

Samaritans on Cape Cod and the Islands, \$3,326

To provide care packages of resources to survivors of suicide loss to help them on their healing journey. Funds will be used to assemble 100 care packages. Each package contains: books appropriate for survivors of suicide loss; “Beyond Surviving” guidelines; *Safe Place* support group details and contact information; a list of online resources; two-pocket folder with a Samaritan crisis line wallet card and information on coping with suicide loss; a writing journal; Samaritan brochures with program and website information; a bookmark with inspirational verse; and a picture frame. The packages are distributed free-of-charge to any survivor that requests one.